

# **EpiGenetic Protocols**

To provide support for health issues and more, IHHS Health & Wellness Center has been offering individual products and programs that customize each person's health goals.

# The IHHS Energy and Wellness program

http://www.yourhomeopath.org/documents/services/EWC Therapy.pdf

The IHHS Herbs to Optimize Health program http://www.yourhomeopath.org/documents/services/EWC Therapy.pdf

The IHHS Homeopathic Detoxification program

http://www.yourhomeopath.org/documents/services/Detox.pdf

The IHHS Homeopathic Immune Stimulation program

http://www.yourhomeopath.org/documents/services/Hormones in synergy.pdf

Nitric Oxide enhancement NEO-PRO 40 and Nitro Greens Whole Food Concentrate and ND Epigenetic/Active B-Vitamins http://www.yourhomeopath.org/documents/services/NitricOxide.pdf

Vitamins, Minerals, Trace Minerals, Digestion aid, etc. <u>http://www.yourhomeopath.org/documents/services/9-steps.pdf</u> Vit E, Vit C, Vit D, Vit K, Multivitamin-mineral-trace mineral

Alpha lipoic acid, CO Q-10, Grape seed extract,

Zinc, Selenomethionate, Iodine, Magnesium, Indium

Betaine, Prescript-Assist 39 Strain Probiotics, Colostrum, ZeoForce

ALC, NAC, Taurine, Lysine, & etc

Compounded Bio-identical Hormones by prescriber order

http://www.yourhomeopath.org/questions/compounding.shtml

Classical homeopathy <u>http://www.yourhomeopath.org/art\_of\_homeopathy.shtml#</u>

The increase in chronic disease and Dementia's make it necessary to add tools, that combat the assault on our long term health and wellness. Most individual health needs will be met with the programs that we offer.

# **IHHS Health & Wellness Center**

1607 South H Street, Bakersfield, CA 93304 Nutritional Homeopathic & Endocrine Consulting and Sales Office (661)-837-0453 FAX (661)-837-0560 Website: YourHomeopath.org

# Anti-Aging Information

In addition IHHS is now carries "The IHHS Epigenetic Program" to super charge wellness and brain health for longevity and enhanced lifestyle.

### Note: No person will end up using all these products. They are selected individually based on needs of each person's health goals.

# B6-ND

A rich live source of B-6 with end-chain forms ie P5P in capsule form.

# **B-12-ND**

Live Probiotic generated formula; a rich live source of methylated B-12

# **Folic Acid-ND**

Live Probiotic derived; a rich live source of folic acid in methylated end-chain forms

# Green Tea-ND

A premier anti-aging, digestive, immune, and rejuvenation support in capsule form

# Max B-ND

Live Probiotic generated formula, maximum adrenal, liver, energy, and mood support

### **Detox Accelerator**

All natural support to aid in the elimination of environmental and naturally occurring toxins.

### **Glutathione Accelerator**

Assists the body's natural abiity to manufacture glutathione.

### **Methylation Accelerator**

Assists in cardiovascular health, cognitive health, provides support for healthy homocysteine levels and methylation required for DNA repair and production of SAM-e

### Methylation II Accelerator

Provides methylation support for MTHFR defect and assists in cardiovascular health, cognitive health, provides support for healthy homocysteine levels and methylation required for DNA repair and production of SAM-e

### **Nitric Oxide Accelerator**

Aids the body's natural ability to product Nitric Oxide

### Nrf2 Accelerator

Provides support for the Nrf2 process in cells that creates antioxidants (Catalase & SOD) and Phase II enzyme (Glutathione) to reduce inflammation and support cellular integrity and stabilize proteins.

### **Pro Bioactive Folate**

(6S)-5-Methylfolate for supplementation support of MTHFR defect