



IHHS-HEALTH & WELLNESS CENTER

1607 SO. H STREET
BAKERSFIELD, CA 93304
(661) 837-0453 ~ FAX (661) 837-0560
The Local People Serving You

IHHS DETOXIFICATION PROGRAM

Environmental, Industrial, Plastics, Metals, Pesticides

INSTRUCTIONS

- A. Wait 1-2 days between using each homeopathic bottle of product, until experienced in using.
- B. Take 2 to 4 sprays or 4-8 drops or ¼ teaspoonful, by mouth once only at bedtime.
- C. Use only one dose from each bottle, once, every one to two months.

Use products in this order

1. Environmental Toxins [Enviro Detox]
 2. Heavy Metals [Metex]
 3. Pesticides[Addex]
 4. Toxins from plastics [Plastics Detox]
 5. Industrial toxins [Industriox]
 6. Toxins built up in liver [Liver Liquescence]
 7. Toxins built up in kidney [Kidney Liquescence]
 8. Body balancing of organs and systems [Weight Control]
- [Weight Control should be the last product used after going through all the products above, to complete the end of detoxification.]

Optional Detox:

9. Beauty shop toxins [Beautox]
10. Dental toxins [Amalgam]

Optional Drainage Formulations to add:

#A Toxins built up in the lymph system [**Lymph Liquescence**] #B Toxins built up in the thyroid gland [**Thyroid Liquescence**] #C Toxins built up in the Lung [**Lung Liquescence**] #D Toxins built up in the Spleen [**Spleen Liquescence**] #E Toxins built up in the skin [**Skin Liquescence**]

Note: Directions on all bottles are different from our recommendations.

This is to be a low dose, gentle desensitization and stimulation

Use only one dose, once, from each bottle in the order above for #'s 1 to 5

Use two doses in one day, once from bottle #'s 6 to 8 in the order above

If the response is pronounced from one in particular, please call for additional instructions

Use every one to two months for maintenance

This supply will last years for one person at this usage

Be sure to drink lots of water. It is recommended to drink 1 ounce of water for every kilogram or 2.2 pounds of body weight.

These products may be used with the IHHS Weight Control Program, if weight loss is desired.
Always check with your physician before starting any medical program.