



IHHS- HEALTH & WELLNESS CENTER

1607 SO. H STREET

BAKERSFIELD, CA 93304

(661) 837-0453 ~ FAX (661) 837-0560

The Local People Serving You

IHHS 8 Step Program to Health

#1 Nutritional supplements to make up for what is missing in food and toxicity of the environment. (This program is worked out individually.)

ie Multi vits with Mineral and Trace Minerals, Cal-Mag for women and Mag for men, antioxidants ie Co Q 10- Lipoic acid-Grape Seed Extract-Quercetin, Vit A-Vit C-Vit E-Vit D3-vit K3, Zinc, Manesium, Iron, Indium, Fish oil, Hemp seeds, Borage oil, Colostrum, Lactoferrin, Nattokinase, NEO-40, Tera's Whey, digestive enzymes, Detoxified Iodine, Kelp, Potassium Iodate, NAC, ALC, Tumeric, Chlorella, Selenomethionate, Osseoappatite, Probiotics, Ayr-Guggalipid, Polycol-Red, Niacin, Melatonin, Tryptophan, Milk Thistle, Cinnamon, Raw Cacao, Glucosamine, etc.

#2 The Energy and Wellness Program

Use w/ Niacin, Pituitary, Pro C Ascorbate, and NAC. Optional items: Taurine, Astragalus Ashwaganda, ALC, and Compounded hormones, based on medical need, prescribed by your physician

#3 The Immune Stimulation Program with Infection Desensitization

Ongoing homeopathic immune enhancement, with 6 easy sprays, also with optional Colostrum. and Lactoferrin

#4 Environmental Detoxification Program

Ongoing homeopathic detoxification with 8 easy steps.

#5 Classical or constitutional homeopathy

Used for mental, emotional, and physical support and wellness.

#6. Low dose homeopathy regimes for immediate physical complaints

#1 Drainage Remedies to detoxify cell matrix to allow absorption of nutrients and oxygen properly and allow receptors to be activated and allow organs to eliminate toxins related to dys-ease state to prevent re-occurrence. #2 Remedies for PNEI [Modulate Psycho-Neuro-Endocrine-Immune] to stimulate and rebalance physiologic function on all 4 levels. #3 Remedies for primary physical complaint.

#7. Weight Control & Body Balancing Homeopathic drops

This is a Homeopathic weight loss plan with glandular and amino acid and remedy support. This product is custom designed for IHHS Health & Wellness Center using years of nutritional, hormonal, and endocrinological study. This is a 21 days course of therapy used with Detoxification [#4 above] and 2 weeks off then recycle as needed.

#8 Tera's Whey with Colostum and herbs for optimizing health

Beet Root, Raw Cacao, Cinnamon 4% , Gelatin, Hawthorn Berries, Milk Thistle Seed Powder, Noni Fruit Powder, Passion Flower Powder, Tumeric Root Powder, Saw Palmetto Berries, Stevia, Bacopa, Hesperidin, Lecithin, Non-GMO, Pomegranate